CONFIDENTIAL RESOURCES

CARE ADVOCATE
Advocacy Office for Sexual and Gender-Based Violence and Misconduct
John Wooden Center West, 1st Floor
CAREadvocate@caps.ucla.edu
(310) 206-2465
www.careprogram.ucla.edu
www.genderbias.ucla.edu

CAPS (COUNSELING AND PSYCHOLOGICAL SERVICES)
John Wooden Center West
Office Hours: Mon-Thu 8am-9pm/Fri 9am-5pm
(310) 825-0799 (Counselors are available by phone 24 hrs/day)
www.counseling.ucla.edu

RAPE TREATMENT CENTER
AT SANTA MONICA – UCLA MEDICAL CENTER
1250 Sixteenth Street
Santa Monica, California 90404
(424) 259-7208 (Counselors are available by phone 24 hrs/day)
www.rapetreatmentcenter.org

STUDENT LEGAL SERVICES
A239 Murphy Hall
(310) 206-7894
www.studentlegal.ucla.edu
Assistance exploring your legal options.

STAFF AND FACULTY COUNSELING CENTER
10920 Wilshire Boulevard, Suite 380
(310) 794-0245
www.chr.ucla.edu/employee-counseling

OFFICE OF OMBUDS SERVICES
Strathmore Building, 301 Westwood Plaza, Suite 105
(310) 825-7620
www.ombuds.ucla.edu

REPORTING OPTIONS

UC POLICE DEPARTMENT (UCPD)
401 Westwood Plaza
(310) 825-1491
www.ucpd.ucla.edu
To file a criminal complaint or request a protective order.

TITLE IX OFFICE
2241 Murphy Hall
titleix@conet.ucla.edu
(310) 206-3417
www.sexualharassment.ucla.edu
The Title IX Coordinator is responsible for implementing policies and procedures to prevent and respond to sexual harassment and sexual violence. The Title IX Office takes reports of sexual harassment or sexual violence involving any member of the campus community.

ADDITIONAL RESOURCES

If you are traveling alone on campus or surrounding area and would like a safety escort:

COMMUNITY SERVICE OFFICER EVENING ESCORT PROGRAM
For walking escorts call (310) 794-WALK (every day, dusk – 1 am) 15 minutes before you need to leave.

For van services call (310) 825-1493 (Mon – Thurs, 6 pm – 11 pm)

If you are looking for information regarding visas or immigration:

DASHEW CENTER FOR INTERNATIONAL STUDENTS & SCHOLARS
106 Bradley Hall/417 Charles E. Young Drive West
(310) 825-1681
www.internationalcenter.ucla.edu

If you are seeking medical attention:

ARTHUR ASHE STUDENT HEALTH AND WELLNESS CENTER
(310) 825-4073
www.studenthealth.ucla.edu
*Note: Rape exams are not offered here. If you would like a rape exam, contact the Rape Treatment Center at Santa Monica.

If you are looking for LGBTQ specific resources:

LGBT CAMPUS RESOURCE CENTER
220 Westwood Plaza – Student Activities Center
(310) 206-3628
www.lgbt.ucla.edu

If you are seeking assistance for permanent and/or temporary disabilities:

CENTER FOR ACCESSIBLE EDUCATION
A239 Murphy Hall/410 Charles E. Young Drive East
(310) 825-1501
(310) 206-6083 (Telephone Device for the Deaf)
www.cae.ucla.edu

OTHER CARE SERVICES

TRxAUMA-INFORMed YOGA
The impact that trauma has on the body’s physiology is far-reaching and CARE is committed to providing alternative forms of healing for survivors to support them in various stages of healing.
For an interest form to participate in the 8-week yoga as healing series for survivors, please contact our CARE program administrator at careadmin@caps.ucla.edu.

EDUCATION, OUTREACH, and PREVENTION
CARE workshops and trainings are offered to students, staff, and faculty to educate the community about sexual violence prevention and response.
www.careprogram.ucla.edu
www.sexualviolence.ucla.edu

www.careprogram.ucla.edu
WHAT IS CONSENT?

Consent is affirmative. Consent is an informed and conscious decision by each person, to engage in mutually agreed-upon sexual activity.

WHAT IS SEXUAL VIOLENCE?

Sexual violence is conduct of a sexual nature engaged in without the consent of the other person, or when the other person is unable to consent. Sexual violence includes any of the following: sexual assault, domestic violence, dating violence, and stalking.

WHAT IS RELATIONSHIP VIOLENCE?

Relationship violence includes dating and domestic violence.

WHAT IS STALKING?

Stalking is repeated conduct directed at a specific person of a sexual or romantic nature or motivation, that would cause a reasonable person to fear for their safety, or the safety of others, or to suffer substantial emotional distress.

CONSENT IS AFFIRMATIVE. Consent means a willingness and positive cooperation in an act, or expressing a desire to engage in an act. A person can only give their true consent if there is no force, threats, or intimidation. Silence does not mean consent.

CONSENT IS VOLUNTARY. Consent means a willing and positive cooperation in an act, or expressing a desire to engage in an act. A person can only give their true consent if there is no force, threats, or intimidation. Silence does not mean consent.

CONSENT IS REVOCABLE. Consent to sexual activity, on one occasion, does not mean consent has been given to any form of sexual activity, on any occasion. A part dating experience or sexual relationship, by itself, is not enough to assume consent. Even in the context of a relationship, there always has to be mutual consent to engage in any sexual activity at any time. Consent is ongoing; meaning at any point during a sexual encounter consent has to be given, and can be withdrawn. Once consent is withdrawn, the sexual activity must stop immediately.

CONSENT CANNOT BE GIVEN WHEN A PERSON IS INCAPACITATED. Incapacitation is the physical, and/or mental inability to make informed, rational judgments. States of incapacitation may include, but are not limited to, unconsciousness, sleep, and blackouts. Incapacitation may be caused by alcohol, drugs, or other medications. A person cannot consent if they are unable to understand the act because of a physical or mental impairment.

WHAT IS SEXUAL HARASSMENT?

Sexual Harassment includes unwelcome sexual advances, requests for sexual favors, or other unwelcome verbal, nonverbal, or physical conduct of a sexual nature that interferes with a person’s employment or education, and creates an environment which a reasonable person would find to be intimidating, hostile or offensive.

Sexual harassment can occur in all types of relationships: hierarchical, between peers, or between individuals of the same sex or opposite sex. The University will respond to reports of any such conduct between any such members of the University community.

Seeking medical attention is always recommended, new or repeat assault occurred. Seeking help within the first 120 hours allows the best outcome for evidence collection and HIV, STD/STI, and pregnancy prevention.

WHAT IS CONSENT?

WHAT IS SEXUAL VIOLENCE?

WHAT IS RELATIONSHIP VIOLENCE?

WHAT IS STALKING?

Perpetrators are responsible for their own behaviors even if they are under the influence. Being assaulted, stalked, or harassed is not your fault.

WHAT IS CONSENT?

WHAT IS SEXUAL VIOLENCE?

WHAT IS RELATIONSHIP VIOLENCE?

WHAT IS STALKING?

Leaving an abusive relationship is the most dangerous time for a survivor. Creating a safety plan may reduce the risk that the violence will escalate.

Keep a journal or log of stalking-related incidents and behavior. Recording this information will help document the behavior for restraining orders, court proceedings and criminal investigation.